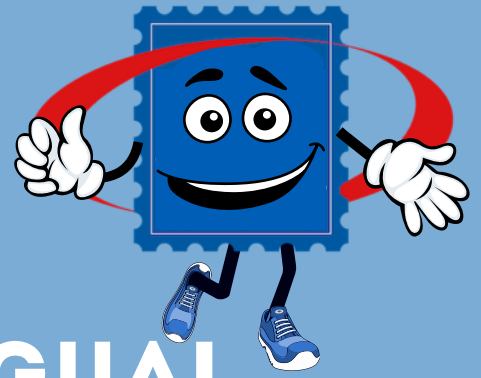


# 5

## BENEFITS OF BEING BILINGUAL



1.

### INCREASE AWARENESS OF OTHER CULTURES.

Being bilingual exposes an individual to diverse customs, ideas, and perspectives from different cultures. Of course, you can still learn about other cultures without knowing a second language, but language learning really allows for a more immersive experience.



2.

### TRAVELLING IS MORE FUN AND MUCH EASIER

Traveling is way more fun and easier when there isn't a language barrier; you can have a more immersive and authentic experience. You'll be able to talk directly with the locals and make more friends along the way.



3.

### IMPROVE COMPETITIVENESS IN THE JOB MARKET.

Speaking a second language can provide more job opportunities. Communication in the workplace is important, and more companies, especially those with international offices, are considering bilingualism a high priority.



4.

### STAY MENTALLY STRONGER FOR LONGER.

Recent studies reveal that bilingual people's brains age more slowly and therefore they live longer and more satisfying lives. It is now widely recognized that being bilingual can delay neurological diseases like dementia and Alzheimer's.



5.

### IMPROVE SOCIAL LIFE.

Speaking a second language opens up a whole new range of social opportunities and can enhance your social skills and confidence. As you use your language skills to connect with a wider range of people, you'll give a boost to your confidence in social situations more generally.

