

5 Easy Ways

to maximise your studying

Everyone learns and retains information differently. One person's way of studying might not work for you, so it is important to take the time to discover how you study best.



1

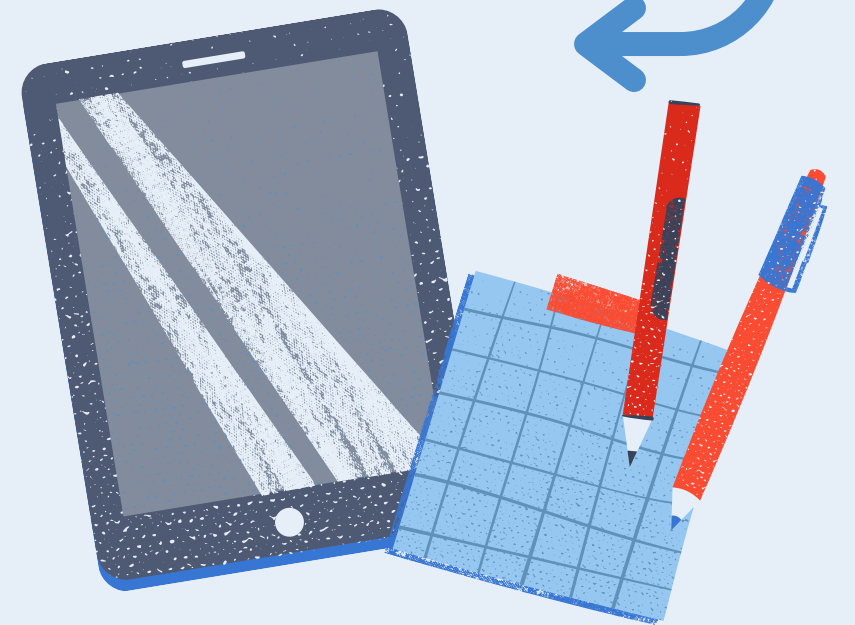
EXPERIMENT

Research and explore different study techniques. Perhaps you study best by creating flashcards or perhaps you prefer speaking the information out loud? There are many study methods that use different ways of helping you retain information.

2

REFLECTION

There are mini-tests online to “find your learning style” but it is more productive to reflect on past study sessions and think about what worked and what didn't, what you enjoyed and didn't.



3

GET CREATIVE

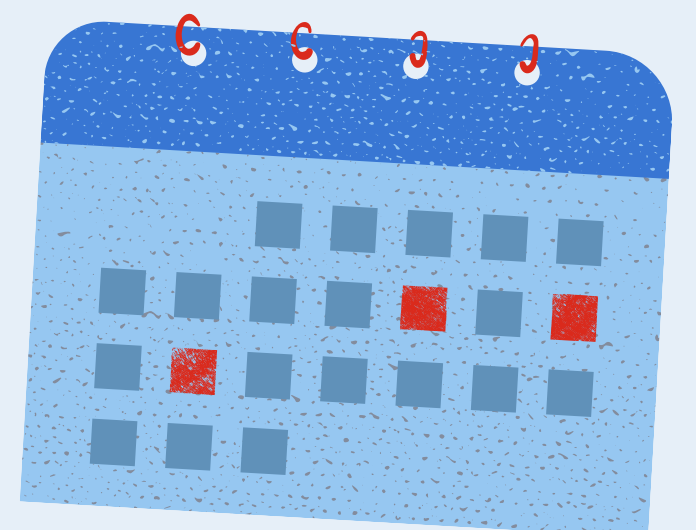
Studying can be boring and repetitive, making it hard to stay focused. Brainstorm creative ways to keep studying engaging and enjoyable, such as quizzes or games. You are more likely to remember information if you have fun while learning.



4

TEST YOURSELF

A way of comparing study methods is to quiz yourself regularly and compare the results. While completing the questions, reflect on how easy you are finding it to retain information and why it is getting easier.



5

ENVIRONMENT

Sometimes the study method isn't the issue but environmental factors. Some people work better in a public space with lots of people, whereas others need complete silence to work. Consider the location, time of day, noise levels or even the temperature of where you are studying.

