

# 5 Easy Ways to Maximise your studying

*Everyone learns and retains information differently. One persons way of studying might not work for you, so it is important to take the time to discover how you study best.*



## 1

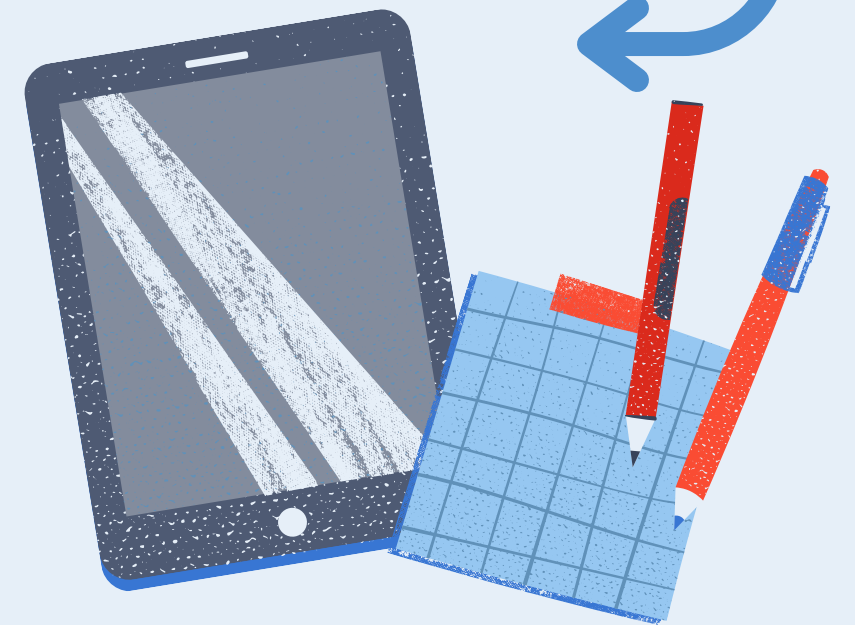
### EXPERIMENT

Research and try different study techniques. Maybe you study best creating flashcards or maybe you prefer speaking the information out loud. There are many study methods that use different ways of retaining the information.

## 2

### REFLECTION

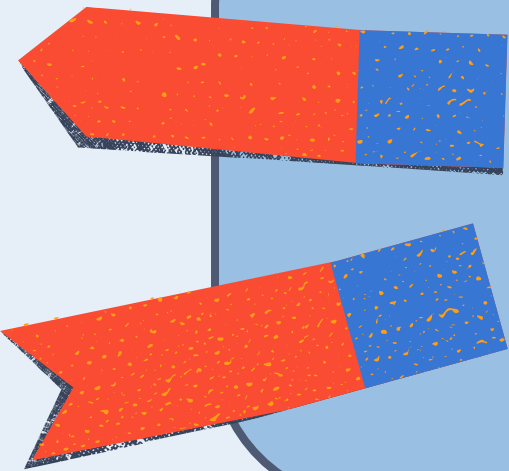
There are mini tests online to “find your learning style” but it will be more productive to take time to reflect over past study sessions and think about what worked and what didn’t, what you enjoyed and didn’t enjoy.



## 3

### GET CREATIVE

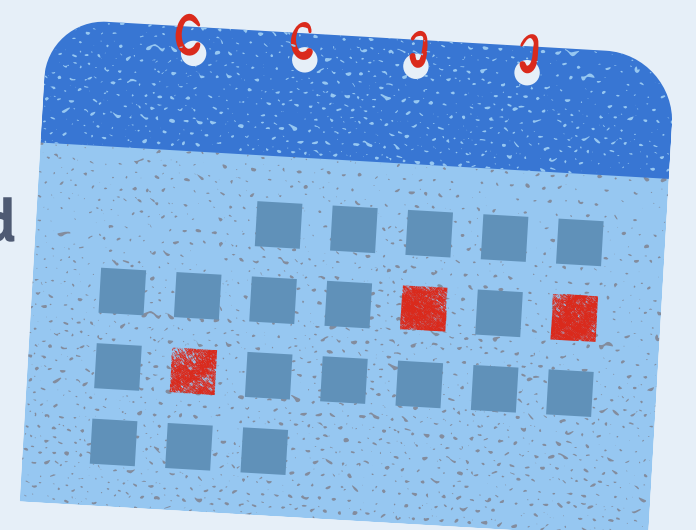
Studying is often seen as a boring and repetitive task which is why many find it hard to concentrate on. If that is the issue, brainstorm ways to make the studying more creative and therefore more enjoyable. You are more likely to remember information if you had fun while doing it.



## 4

### TESTING YOURSELF

A way of comparing methods is to quiz yourself regularly and compare the results. Additionally, while completing the questions, you can reflect on how easy you are finding it to remember information and, what about it is making it easier.



## 5

### ENVIRONMENT

Sometimes the study method isn't the issue but environmental factors. Some people work better in a public space with lots of people, whereas others need complete silence to work. Consider the location, time of day, noise levels or even the temperature of where you are studying.

