



MAKING THE MOST OF YOUR WORK PLACEMENT

GENERAL ATTITUDE AND APPROACH

- ✓ Be proactive:
 - Try to only speak in the target language!
- ✓ Be open-minded:
 - Make conversation with other staff members, they will generally be friendly and helpful.
- ✓ Be confident:
 - Don't be scared to make mistakes and ask questions.
- ✓ Be patient:
 - You will learn more and more as the week goes on.

PRACTICAL TIPS

- ✓ Prepare physically:
 - Wear comfortable footwear!
- ✓ Learn relevant vocabulary:
 - Learn phrases and vocabulary that will help you in the workplace before you start your placement.

SOCIAL INTERACTION

- ✓ Engage with colleagues:
 - Don't worry about making speaking mistakes, listen to other people speaking to pick up the language.
- ✓ Interact with customers:
 - Don't be afraid to step outside your comfort zone.
- ✓ Ask questions:
 - Make sure to ask questions and talk to everyone! You'll only get half the experience if you don't.

SPECIFIC SITUATIONS

- ✓ Handling downtime:
 - Use quieter times to engage in conversations with staff or customers.
- ✓ Dealing with challenges:
 - If you face difficulties, such as understanding the language or dealing with difficult situations, stay positive and seek help when needed.

PERSONAL WELL-BEING

- ✓ Take care of yourself:
 - Ensure you have enough sleep, food, and water to maintain energy levels.
- ✓ Enjoy the experience:
 - Have fun and make the most of the opportunity to learn and grow.

